

## 2009 Municipal Health & Safety / Utility Conference

Rural Utilities Safety Association ▪ Alberta Municipal Health and Safety Association ▪ Alberta Cities Safety Council

# Conference Schedule

Monday, November 30<sup>th</sup> – Thursday, December 3<sup>rd</sup>

Red Deer Lodge  
4311 – 49<sup>th</sup> Avenue, Red Deer

### Monday, November 30

7:00– 11:00 pm	<b>Hospitality Room:</b> come up to RUSA's hospitality room suite 320 for some snacks, beverages and the chance to catch up with old friends and meet new ones.
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### Tuesday, December 1

10:00 – 3:00 pm	<b>Alberta Cities Safety Council's</b> fall meeting to be held at New Civic yards, 7721-40 Avenue, in Red Deer. Health and Safety representatives from the Cities are invited to this meeting to meet up with their peers and learn about issues and initiatives in the other cities. An agenda will be sent to City representatives in early November.
10:30 – noon	<b>Rural Utilities Safety Association</b> will be holding its annual general meeting at the Red Deer Lodge, 4311 – 49 <sup>th</sup> Avenue, Red Deer. RUSA members are invited to learn about what RUSA has been up to in the past year, and plans for next year. Elections for zone directors will also be held. Consider running as a director!
1:00 – 5:00 pm	<b>Alberta Water &amp; Wastewater Operators' Association</b> is hosting “ <b>Excel Spreadsheet Training for Operators</b> ”. This course will focus on training operators in the most efficient use of Excel (2003) for daily data entry, monthly and yearly reporting. Excel functions, formulas and formatting will be discussed with “hands-on” water and wastewater exercise comprising the majority of the session. Each student will receive manual/workbook which has been specifically designed for this course and laptop computers will also be provided for use during this session. Preregistration is required, only 20 seats available (first paid will be accepted). <b>Note: this course will not run if the full 20 seats are not filled.</b> Cost = \$350.00 plus GST
1:00 – 5:00 pm	<b>Disability Management – WCB.</b> Pre-registration is required for this session as a certificate will be issued to the participating delegates. (Please note this course is required for AMHSA's Safety Advisor certification. Course cost = no charge.
6:00 – 9:00 pm	<b>Banquet:</b> <ul style="list-style-type: none"><li>▪ No-host bar opens at 6:00</li><li>▪ Buffet Dinner served at 6:30 ~ <i>presentation of service awards to follow</i></li><li>▪ <b>Lewis &amp; Royal</b> (Comedy Music) ~ Acclaimed songwriters in their own right, and storytellers through song, they'll have an audience laughing one minute and crying the next. Lewis Frere moves the soul with his soft rich vocals. Royal Sproule brings years of lead role theatre experience and hilarious antics to the stage. Together they create an irresistible blend of rural charm and wit.</li></ul>

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### Wednesday, December 2

8:00 - 9:00 am	<b>Trade Show Displays, Coffee, and Opening Remarks – To be announced.</b>		
9:00 - 11:30 am  <i>with 1/2 hour break in display area</i>	<b>1 – Workplace Violence Prevention - WCB</b>  Knowing how to assess the risks in your workplace and finding solutions to prevent violence are critical steps towards developing an effective workplace violence prevention program.  Arm yourself with the knowledge to deal with these potential life-threatening situations. Our seminar will teach you how to ensure compliance with the OH&S Code and how to develop and implement practical strategies for creating a safer workplace.	<b>2 – Lab Testing – Water, wastewater, soil testing procedures –</b> by Gordon Nelson ~ AGAT Laboratories  In this session you will get an overview of: <ul style="list-style-type: none"> <li>• General sampling techniques with soil, water, sampling error/variability, field analytical techniques</li> <li>• Sample containers</li> <li>• Sample preservatives</li> <li>• Basic analytical techniques and terminology</li> <li>• Data Quality Assurance and Quality control</li> <li>• Data reporting</li> </ul>	<b>3 – Employee Orientation –</b> by Al Saunders, AMHSA Instructor  Make your Orientations More Effective!  Employee orientation is meant to be an introduction to your municipal organization and it can be an introduction to your corporate safety culture.  This session will focus on: <ul style="list-style-type: none"> <li>• Continued improvement of your orientation process</li> <li>• Myths of orientations</li> <li>• And the opportunity to share and gather information among your peers.</li> </ul>
11:30 - 1:30 pm	<b>Conference Buffet Lunch- Piper Creek Room &amp; Trade Show Displays– Waskasoo Room</b>		
1:30 - 4:00 pm  <i>with 1/2 hour break in display area</i>	<b>4 – Ground Disturbance, Trenching, and Excavation Safety –</b> by Tina Moroney, AMHSA Instructor  This course covers some of the hazards associated with trenching and excavation work. Municipal workers are frequently involved in this type of work during the installation or repair of pipelines and utilities.  This course will also focus on the changes to the regulations and the impact of defining spaces as restricted or confined.	<b>5 – Hazardous Materials Management Programs –</b> Jason Dent, JADA Solutions.  Workers are frequently exposed to Hazardous Materials such as asbestos, PCBs and mercury-containing materials while conducting repairs and renovations. This seminar will cover some of the common hazardous materials on the worksite and the importance of having a Hazardous Materials Management Program(HMMP). The seminar will also focus on the importance of having an adequate HMMP, and some of the integral components within an HMMP. We will discuss the need to integrate the HMMP into the many different systems within your organization such as Prime Contractor, Lease/Rental Space Management, Sub-Contractor Management, Building Management Programs and your Health & Safety Management.	<b>6 – Work Life Balance – “Who’s the Boss: A Tool Box to Help you Control your Life”.</b> Kendrieth (Kendy) Bentley, <i>Kendrieth Bentley and Associates Ltd. Association</i>  Many professionals find it difficult, if not impossible, to participate fully in one area of life without sacrificing the other.  Leave this seminar knowing at least ten tips to become more productive at work and be able to enjoy doing the things you love to do away from work. Learn how to identify your imbalance, set boundaries, develop priorities, turn off technology, use time wisely, leave work on time, take back the control and enjoy more of your life!
4:00 – 5:00 pm	 <b>ACSC, RUSA, AMHSA Wine and Cheese Reception in the Display Area. Displayer and Passport Draws start at 4:45 pm.</b>  <b>Note: Trade Show winds up this evening</b>		
Evening	<b>Evening entertainment – Unwind with a night out at the movies. Check your registration package for complimentary movie passes.</b>		

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### Thursday, December 3

<b>8:00 – 8:30 am</b>	<b>Coffee – provided in each of the conference rooms</b>		
<b>8:30 - 11:00 am</b>  <i>with 1/2 hour break in conference room</i>	<b>7 – Commercial Transportation Compliance ~ Load Securement/Fleet Safety Audits –</b> David Bradbury, Alberta Transportation  David will present an overview of the National Safety Code (NSC) requirements and will provide an introduction to applicable Alberta Legislation/Federal Legislation.  This workshop will give attendees the opportunity to ask David questions about commercial transportation compliance.	<b>8 – Dealing with Substance Abuse in the Workplace: “It’s Our Business” –</b> Ron Beach, Alberta Health Services  Substance use and gambling problems in the workplace contribute to accidents and increased absenteeism.  Having healthy employees is a definite plus for any organization. Healthy employees are more energetic, are less likely to be involved in a n accident, are sick less often, and are able to recover from illness faster.  Managers and supervisors are learning: It’s Our Business and steps they can take to deal with troubled employees and to prevent substance abuse issues in the workplace.	<b>9 – What’s New in the World of Fall Protection –</b> Ray Cislo, Safety Engineering Specialist with AEI and Rick Guenette, President of Gravisys Inc.  Get the latest information on the recent changes to Part 9 of the Alberta Provincial OH&S legislation and hear about some innovative ways of protecting employee working at heights.  This session will provide opportunities to ask questions and exchange dialogue on the challenges you may face in ensuring a safe work place for employees working at heights.
<b>11:00 - 12 :00</b>	<b>Lunch (participants are on their own for lunch)</b>		
<b>12:00 - 2:15 pm</b>  <i>with 15 min break in conference room</i>	<b>10 – If Darwin Could Drive: The Effects of OUR Attitude on Driving –</b> Mel Mottram, M.A. Attitude People Inc.  If Charles Darwin was alive today and had driven on our roads he could very well revise his theory of evolution. The stupid drivers do always die and leave the good drivers free and clear. This seminar looks at some of the really stupid things drivers do and who might be affected. It is all about attitudes --- not other peoples’ attitudes, but our own driving attitudes. The object of this session is help you look at some of your own driving attitudes and to help YOU decide if you want to do something about some or any of those negative attitudes.	<b>11 – Regional Operator’s Consortium –</b> by Win Tun, Alberta Environment  Regional Operator’s Consortium Minimum Certified Operators’ Attendance requirements for waterworks system Update on the Code of Practice for a Waterworks System using High Quality Groundwater and the Code of Practice consisting solely of a Water distribution System	<b>Please remember to fill out the conference evaluation forms.</b>  <b>Have a Safe Trip Home!</b>  <b>See You Next Year</b>

**Following the last afternoon workshop, there will be a Grand Prize Draw ~ Piper Creek Room.**

**Delegates must be present to win!**

